ABSTRACT

A cast net having a circular net portion the circumference of which is defined by a lead line. The cast net having a throw line one end of which is attached to the center of the net portion. The other end of the throw line comprises a flexible cuff which is adapted to be slipped over a human hand and engages a human wrist. The flexible cuff allows the throw line to disengage the human wrist by slipping over the hand. This disengagement can be effected simply and quickly in an emergency situation. The flexible cuff further adds a degree of comfort to the throwing process as it does not bind the wrist of the user.